



Northwestern Medicine Ben Gordon Center

The Living Room

An Acute Crisis Respite Program for Adults

The Living Room is a calm and safe space for people who are experiencing overwhelming symptoms due to life circumstances.

The goals of the program are to:

Give you a comfortable, nonjudgmental place to go, outside of the hospital or a physician office

Help you resolve a crisis without more intense treatment

Connect you to community resources, if needed

Our caring staff members use crisis intervention and stabilization methods. They can also make a referral when your problem cannot be resolved in The Living Room.

The Living Room, housed inside the Ben Gordon Center, can help you resolve or better manage a crisis.

Any DeKalb County resident 18 years or older can use these services at no cost and without being a registered client.

The Living Room offers the following services on a walk-in basis (no appointment needed):

Crisis intervention

Safety planning

Support from trained peer counselors (certified recovery support specialists), licensed clinicians, case managers and registered nurses

Assistance with problem-solving

Connections to referrals for emergency housing, health care and food

Follow-up services



Ben Gordon Center is accredited by The Joint Commission.

Funding provided in whole or in part by the Illinois Department of Human Services.

For more information, please call 815.756.4875 (TTY: 711).

12 Health Services Drive, DeKalb

Hours

Monday through Thursday: 8:00 am to 8:30 pm

Friday: 8 am to 5 pm

nm.org/dekalblivingroom